

## UCJCI - HEALTHY BODIES, MINDS AND SPIRITS



WHAT A  
REAL  
PHARMACY  
SHOULD  
LOOK  
LIKE!

The United Church in Jamaica and the Cayman Islands is echoing the call for persons to develop a **healthy lifestyle**. In Jamaica, the Ministry of Health has embarked on a rigorous campaign to encourage persons to be more conscious of their lifestyle choices and habits. To exercise, eat right and to, in particular reduce the sugar content in beverages are among the recommendations being promoted as the preferred options for adults and children.

In the **Cayman Islands**, the following observation was made in the December 3, 2014 edition of The Journal 'When compared to nine other Caribbean countries, Cayman is on the higher end of the spectrum for overweight prevalence, and in the middle for obesity. **Obesity is weighing heavily on Cayman's population**, statistics show, and the figures are likely to keep ballooning unless government sectors come together to create a solution, according to several health industry leaders at the Cayman Islands National Healthcare Conference last month.'

The call is for all of us to give careful attention to our health and to ensure that we practice that which enables us to live unencumbered by severe health issues. **Attention is to be given not only to one's physical well-being but to also to one's psychological, emotional, mental and spiritual well-being.** For example, Candidates discerning a call to full time ministry will be required to undergo **psychometric tests** and **medical examinations** prior to being accepted for study.

At the Church and Ministry Committee meeting last week consideration was given to encourage all currently serving Ministers to do their **Annual Executive Profile/ Medical Examination** on their birthday each year.

#### Healthy and Renewed Minds

Charges are also reminded that in addition to the Minister's annual vacation, that they should be aware of and facilitate the annual two weeks **Continuing Education** exercise to which ordained /commissioned ministers are entitled. **'Leaders must continue to grow spiritually and professionally if they are to provide the quality leadership expected and needed by the membership'** (Policy on Continuing Education for Ordained and Commissioned Ministers'- page 3/section F)



CAYMAN ISLANDS  
REGIONAL MISSION  
COUNCIL

**WEEKLY UPDATE!**

November 1, 2018

**IN THIS ISSUE-**  
Highlights from Synodical  
Committee Meetings



**Property Report** – repairs being done to the Webster Memorial Bell Tower following the discovery of beams that were dry-rotted.



**Formerly known as My Church, the Constitution and Doctrine Committee approved 'Our Church' which will be made available by Synod 2019.**

## UPCOMING EVENTS

**November 3-** Men's Fellowship Breakfast – Elmslie -7:30am

**November 11** – Remembrance Service at the Cenotaph – Elmslie Memorial -10:45 am

**November 22** – Women's Fellowship Thanksgiving Lunch – Fundraiser -Elmslie Memorial - 11:00 am

**November 25** – Women's Fellowship Thanksgiving Service – Webster Memorial Church -6:00pm

### Thought of the Week:

Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.



**OCTOBER 2018**

**THEME: ADVOCACY**

**November 4** – Love of Neighbour -Mr. Bryan Bothwell

**November 11**– Remembrance Sunday- Lay Pastor John Macmillan

**November 18** – Holding fast to the confession of our faith –Mr. Herbert Crawford

**November 25**- Who is this Christ? – The Servant King –Rev. Euthman Wray

**Every Sunday at 7:45am on Radio Cayman**

## SYNODICAL COMMITTEE MEETINGS HIGHLIGHTS

The **Synodical Committees and the Central Mission Council (CMC)** met in Jamaica during the week of October 22-27, 2018 in Jamaica.

### Property Committee:

- National Housing Trust is interested in an additional 7.5 acres of the **Galina lands** to purchase for the installation of a sewage system.
- Webster Memorial ( Bodden Town) bell tower being restored
- Lease of duplex – Mission House to Samaritan's Purse extended for an additional six months
- Mt. Olivet Boys' Home- new plans being drafted for proposed building - to be constructed by Yohan Blake Foundation.
- **Mr. David Parkes** is the new Director at the Meadowrest Memorial Gardens following the retirement of **Mr. Leroy Lorde**.

### Finance Committee

- International University of the Caribbean – **Rev. Dr. Maitland Evans** has demitted office as President. Dr. Makeisha Evans is the Acting President and there is an on-going recruitment process.
- Statutory liabilities due 14/10/2018 to the Jamaica government have been paid.
- **Audited Financial Statements** (Jamaica Synod Account) as at December 2017 were presented but with a qualification regarding the valuation of lands and buildings.

### Church and Ministry

- There are eight UCJCI students currently enrolled at the United Theological College (UTC). This number includes four independent students.
- The Ministerial Formation Programme is being undertaken in the following phases: Discernment, Core, Internship. In addition, each student will have a Mentor. (Documents are available at the Council Office outlining the programme)
- The Committee approved the Policy on Continuing Education for Ordained and Commissioned Ministers. (Copy available at the Council office)
- Lay Pastors will soon be receiving Identification Cards
- **Ms. Angela Martins** and **Rev. Dwight Kelly** represented the UCJCI at the CANAAC Regional Assembly in Guyana – October 25-31, 2018.

### Constitution and Doctrine

- Three Regions accepted the matters under the Referral Act. The fourth Region did not agree with one aspect and hence the Region has been asked to review its position.
- The Committee approved the proposed amendment to the **Women's Fellowship Constitution** regarding the separation of the Programme and Literature Committee.

### Central Mission Council

- Proposed date for Synod – April 28-May 1, 2019
- Lay Pastors' Training Curriculum will be standardized
- **Resolution** passed to review the role of the Moderator- should it become a full-time position?
- **Resolution** passed for CMC to appoint a team to review the Synodical Committees and CMC meetings in terms of the – process, frequency and methodology.
- General Secretary will send the information regarding the election of the new Moderator to the Regions in due course.